

WATER DISTILLERS USA

Y2K PREPAREDNESS ACTION PLAN

<http://www.waterdistillersusa.com>

fmendez@waterdistillersusa.com

This information sheet lists a few items that will assist you in preparing for the potential impact of Y2K (also known as the Millennium Bug) as well as give suggestions for how be ready for any emergency (Ice storm, Blizzard, Tornado, etc.). This is by no means an exhaustive list, but it should provide a good starting point for further personal and community preparedness.

“REJOICE IN THE LORD ALWAYS. I WILL SAY IT AGAIN: REJOICE! LET YOUR GENTLENESS BE EVIDENT TO ALL. THE LORD IS NEAR. DO NOT BE ANXIOUS ABOUT ANYTHING”... PHILIPPIANS 4:4-7

Basic Supply Checklist:

- * 15 gallons minimum of drinking water - one gal/Person/day
- * 2 weeks minimum of food (find a detailed list further down in this article.)
- * Wood, propane or kerosene heating sources.
- * Eating utensils
- * Flashlights, batteries
- * Candles, matches/lighter
- * ABC type fire extinguisher
- * AM/FM radio, batteries
- * Thermal blankets
- * First aid kits
- * Prescription medicines
- * Anti-bacterial soap
- * Current records (Financial, S. Security, Taxes Mortgage, etc.)
- * Large cooler (you may use snow or ice to keep things fresh but not frozen)
- * Unscented bleach (for sterilization)
- * Work gloves, complete set of tools
- * Can opener, Swiss Army Knife
- * Extra cash (up to one month worth only)
- * Toilet paper
- * Hygiene kit
- * Full propane tank for gas grills
- * Infant supplies (formula, diapers, baby food, etc.)
- * Elderly care products
- * Pet supplies

“BUT IN EVERYTHING, BY PRAYER AND PETITION, WITH THANKSGIVING, PRESENT YOUR REQUESTS TO GOD...” PHILIPPIANS 4:4-7

THIS IS A PARTIAL LIST OF FOOD ITEMS YOU MAY WANT TO COLLECT AS YOU DO YOUR REGULAR SHOPPING AND CHECK OFF THESE ITEMS AS YOU GO. **MOST IMPORTANTLY ABUY EXTRA OF WHAT YOU ALREADY BUY NORMALLY.** THIS LIST IS TO ONLY GET YOU GOING IN THE RIGHT DIRECTION AND IS SUGGESTED FOR 1 PERSON FOR 1 MONTH. **(PLEASE DUPLICATE AND SHARE WITH A FRIEND)**

	SIZE	QUAN.		SIZE	QUAN.
PORK AND BEANS	#22	5	APPLE SAUCE	#21/2	3
FRUIT COCKTAIL	#21/2	10	PASTAS(MACARONI)		10#
POWDER EGG MIX	#21/2	2	ASSORTED CANNED VEG.	#21/2	10
INSTANT POTATOES		2BX	ASST. CANNED SOUPS	#21/2	10
NON FAT DRY MILK		5	HOT CHOCOLATE MIX		2
RAISINS		5	7 GRAIN CEREALS		5BX
CANNED MEATS		3	PEANUT BUTTER		1
JELLY		1	FREEZE BREAD		3LV.
APPLE JUICE	1 GAL.	2	POTATOES	10#	1
FRESH CARROTS		5#	DEHYDRATED FRUITS	3#	1
MIXED NUTS(CANNED)	1#	1	DRIED BEEF(JERKY)	1#	1
PUDDING	#21/2	4	RICE	2#	1

STORE WHAT YOU EAT AND EAT WHAT YOU STORE.

MOST IMPORTANT: **START SOMEWHERE!**

TO BEGIN FORMULATING YOUR PERSONAL/FAMILY CONTINGENCY PLAN, ASK YOURSELF....

- HOW WOULD I HEAT MY HOME IF THERE WAS NO ELECTRICITY OR GAS SERVICE FOR SEVERAL DAYS OR LONGER?
- WHAT WOULD I USE TO PROVIDE LIGHT IN THE EVENING?
- DO I HAVE ENOUGH FOOD IN MY HOME TO FEED MY FAMILY (INCLUDING PETS) FOR SEVERAL DAYS OR EVEN WEEKS IF I WERE UNABLE TO PURCHASE FOOD FROM THE LOCAL GROCERY STORES?
- HOW ABOUT EXTRA TOILET PAPER, TOOTHPASTE, SOAP, FEMININE PRODUCTS, ETC?
- HOW WOULD I PREPARE MEALS WITHOUT ELECTRIC POWER OR GAS SERVICE?
- WHAT WOULD I DO FOR DRINKING WATER IF CITY/COUNTY WATER DELIVERY WAS INTERRUPTED OR CONTAMINATED?
- HOW WOULD WE BATH, DO DISHES, OR LAUNDRY?

- WHERE WOULD WE GO TO THE BATHROOM?
- HOW WOULD WE DISPOSE OF TRASH IF REGULAR TRASH PICK-UP WERE CURTAILED?
- HOW WOULD I COMMUNICATE WITH FAMILY AND FRIENDS, AND STAY ABREAST OF NEWS LOCALLY AND AROUND THE WORLD IN THE EVENT OF POWER OR PHONE OUTAGES? (CONSIDER NO TV, RADIO, COMPUTERS, FAX, ETC.)
- DO I HAVE A SUPPLY OF CASH ON HAND IN THE EVENT BANKS HAVE DIFFICULTY PROCESSING FINANCIAL TRANSACTIONS?
- WHAT WOULD I DO IN THE EVENT OF A MEDICAL EMERGENCY IF 911 WERE UNAVAILABLE? DO I HAVE EVEN A BASIC FIRST AID KIT READY FOR EMERGENCY USE? SHOULD I CONSIDER TAKING A RED CROSS COURSE IN EMERGENCY PREPAREDNESS?
- ARE ANY OF MY NEIGHBORS DOCTORS OR OTHER MEDICALLY TRAINED PERSONNEL THAT COULD HELP IN A TIME OF NEED? DO I KNOW MY NEIGHBORS WELL ENOUGH TO RELY ON THEM IN A TIME OF CRISIS?
- WHAT WOULD WE DO FOR ENTERTAINMENT IF WE SUDDENLY FOUND OURSELVES AT HOME FOR EXTENDED PERIODS OF TIME WITHOUT THE USUAL TECHNOLOGICAL TOYS? DO WE HAVE AN ADEQUATE SUPPLY OF INTERESTING BOOKS, CARDS, BOARD GAMES, ETC. ON HAND?

IF YOU HAVE ACCESS TO THE INTERNET THERE ARE MANY SITES THAT ARE LOADED WITH MUCH MORE INFORMATION. HERE ARE A FEW WEB SITES WE ENCOURAGE TO LOOK UP FOR MORE Y2K PREPARATION:

click on the below listed web addresses to view these sites

- < www.waterdistillersusa.com
- < www.josephproject2000.org
- < www.y2kwatch.com
- < www.y2kwomen.com
- < www.cassandraproject.org
- < www.michaelhyatt.com
- < www.sonsserver.com
- < www.family.org

**PLEASE DUPLICATE AND SHARE
WITH A FRIEND**

This information provided by: **Water Distillers USA**
Web Site: <http://www.waterdistillersusa.com>
E-mail Address: fmendez@waterdistillersusa.com

PLEASE CONTACT US WITH ANY FURTHER QUESTIONS AND CONCERNS, WE HAVE MUCH MORE IN DEPTH AND COMPLETE PREPAREDNESS INFORMATION AVAILABLE.

**WATER DISTILLERS USA
7900 GREAT PLAINS BLVD - SUITE 400
CHANHASSEN, MN 55317
612-934-9200 OR ON THE WEB AT WWW.WATERDISTILLERSUSA.COM
E-MAIL ADDRESS: FMENDEZ@WATERDISTILLERSUSA.COM**

"AND THE PEACE OF GOD, WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS." PHILIPPIANS 4:4-7